



1115 Crystal Lake Road
Lake in the Hills, IL 60156

Main: 847-658-5676
Fax: 847- 960-7552
www.lith.org/police

PRESS RELEASE

Date: July 25, 2019
Department: Lake in the Hills Police Department
Contact Name: Communications Coordinator Ashley Eccles
Phone Number: 847-658-5676
Fax Number: 847-960-7552

Release Date: **For Immediate Release**

Register Now for Civilian Response to Active Shooter Events (CRASE) Training

Lake in the Hills, IL – The Lake in the Hills Police Department is offering FREE active shooter training this fall to teach individuals how to prepare, prevent and react during an active shooter event or mass attack in a variety of workplace and gathering environments, including religious institutions. This two-hour training is offered monthly from August through November. “Last year marked our department’s first year introducing this program, and we received an extremely positive response by providing direction for over 100 participants,” said Communications Coordinator Ashley Eccles. “We are proud to continue to partner with our community to help our citizens gather the tools to survive when every second counts.”

The Civilian Response to Active Shooter Events (CRASE) course provides strategies, guidance and a plan for surviving an active shooter event or mass attack. The CRASE course was designed to empower civilians and provide them with the tools needed to survive the unthinkable. The course was created by the Advanced Law Enforcement Rapid Response Training Center (ALERRT) at Texas State University. Officer Andrew Mannino received specialized training directly from ALERRT instructors and will provide instruction for civilians, business owners and their employees, and religious institutions.

CRASE is built on the three principles of avoid, deny, defend. Topics include: history and prevalence of active shooter events, civilian response options, medical issues, considerations for conducting drills, how to control the body’s physiological response to stressful situations and more. Seats are filling up quickly, so register today!

Must be 18+ years of age. Space is limited, and pre-registration is required. Priority registration will be given to Lake in the Hills residents, businesses, and religious institutions; non-residents also welcome. All sessions will be held at the Irv Floress Safety Education Center (1109 Crystal Lake Rd). For training schedule and registration information please visit: <https://www.lith.org/police>. Questions? Please contact Communications Coordinator Ashley Eccles at (847) 658-5676 or email communityrelations@lith.org.

Any criminal or traffic complaint(s) that have been filed against any individual(s) named herein are only an accusation. All defendant(s) are presumed innocent unless proven guilty in a court of law. All inquiries regarding this press release are to be directed to the Communications Coordinator at 847-658-5676 unless otherwise noted.