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## NEWS RELEASE

Date: September 15, 2022  
Department: Police Department  
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### **Women's Safety Series Returns for the Eighth Year at Lake in the Hills Police Department**

**Lake in the Hills, IL** - The Lake in the Hills Police Department is excited to announce their 8<sup>th</sup> annual Women's Safety Series program. Started in 2014 by several officers with a passion to help their community, the police department will again offer this FREE training opportunity. For three weeks during the extensive program, instructors and guest speakers will address many of the concerns, threats and challenges that women face in today's environment. Topics include defensive tactics, social media safety, domestic and dating violence, sexual assault and stalking, social/personal safety, suicide prevention and more.

The Lake in the Hills Police Department welcomes women 17+ years of age; both residents and non-residents are welcome to attend. Pre-registration for this course is required and space is limited. This three-week long program is from 6:00pm – 9:00pm and occurs Wednesday October 5, Wednesday Oct 12, and concludes Wednesday Oct 19<sup>th</sup>. All sessions will be instructed at the Irv Floress Safety Education Center, 1109 Crystal Lake Road.

To register for the Women's Safety Series, visit: <https://www.lith.org/government/departments/police/programs-and-events/women-s-safety-series> and click the 'Register Online' button. First time users registering for a program at the Village of Lake in the Hills will be prompted to create an account with the Village's 'CommunityPass' program. Please note registrations are not accepted via phone. **Deadline to register is Friday, Sept 30, 2022.**

For further information or questions, please contact Officer Amanda Schmitt, the Lake in the Hills Police Department Public Information Officer at [communityrelations@lith.org](mailto:communityrelations@lith.org).

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**Any criminal or traffic complaint(s) that have been filed against any individual(s) named herein are only an accusation. All defendant(s) are presumed innocent unless proven guilty in a court of law. All inquiries regarding this press release are to be directed to the Public Information Officer at 847-658-5676 unless otherwise noted.**